



2021 Nordic Championships

for Sub-Juniors and Juniors

6 - 7 Nov - Pornainen, Finland

Preliminary nominations

Classic Powerlifting Sub-Junior Women

Class	Name	YOB	Nation	Total
-52	Eerika Palosaari	2005	Finland	210,0
-57	Juuli Kostian	2006	Finland	325,0
-63	Astrid Edvardsson	2003	Sweden	332,5
	Liz Tobiassen	2004	Norway	307,5
	Sara-Sofia Väliiviita	2005	Finland	292,5
-76	Nina Heikkinen	2003	Finland	380,0
	Marie Louise Kalmeyer	2004	Denmark	360,0
-84	Tuva Lierhagen	2003	Norway	385,0
	Siiri Tossavainen	2004	Finland	310,0
	Fanni Kyösti	2007	Finland	292,5

Junior Women

Class	Name	YOB	Nation	Total
-47	Claudia Baende	1998	Finland	277,5
-52	Olivia Kyösti	1999	Finland	370,5
-57	Kristun I Sveinsdottir	2000	Iceland	300,0
-63	Ida Hyytiäinen	1998	Finland	388,5
	Nova Svanberg	1998	Sweden	385,0
	Viktoria Bakkelund Isaksen	1998	Denmark	357,5
	Martine Svinnset Pedersen	2002	Norway	345,0

	Marthe Tjelta	1999	Norway	342,5
-69	Jorill Nese	1998	Norway	420,5
-76	Maren Marie Bielefeldt	1999	Denmark	402,5
	Nora Kristin Larsen	2001	Norway	367,5
-84	Naja Fogtmann Pedersen	1998	Denmark	403,0
+84	Victoria Borgvall	1998	Sweden	465,0

Sub-Junior Men

Class	Name	YOB	Nation	Total
-74	Jacob Heise	2003	Denmark	500,0
	Eric Granbom	2003	Sweden	480,0
	Hugo Almström	2003	Sweden	480,0
	Magnus Hedegaard Hansen	2004	Denmark	470,0
-93	Viktor Sundelin	2003	Sweden	640,0
	Vetle Velle	2003	Norway	582,5
	Joakim Eriksson Aas	2003	Norway	555,0
	Antti Vähäkoski	2007	Finland	390,0
-105	Olavi Heinonen	2003	Finland	630,0
	Hermann Järvenpää	2003	Finland	620,0
-120	Hugo Solum	2003	Sweden	615,0
	Emil Grettir Grettirsson	2003	Iceland	550,0
+120	Mikael Salomäki	2003	Finland	652,5

Junior Men

Class	Name	YOB	Nation	Total
-66	Tenho Talvensaari	1999	Finland	545,0
	Martin Ngyuen	2001	Sweden	465,0
	Oskar Svanström	2001	Sweden	465,0
	Daniel Andersen Nielsen	2001	Norway	435,0
-74	Eetu Aalto	1998	Finland	640,0
	Lassi Immonen	1998	Finland	602,5
	Joakim Bilyk	1999	Denmark	580,0
	Marius Arhaug	2000	Norway	507,5
-83	Eetu Kumpulainen	1998	Finland	645,0
	Bentram Worm	2001	Denmark	582,5

	Hans Jorgen Fjeld	1999	Norway	517,5	
	Tobias Heegaard Jul	2002	Denmark	480,0	
-93	Benjamin Hognås Hansen	2000	Norway	710,0	
	Alexander Karason	1998	Iceland	707,5	
	Isak Asperud	2002	Norway	700,0	
	Helgi Amar Jonsson	1998	Iceland	608,0	
	Remu Rokka	1999	Finland	605,0	
	Aleksander Hauge	?	Norway	597,5	Reserve
	Philip Korsager Nickel	2001	Denmark	582,5	
	Elias Dalhoff Pedersen	2000	Denmark	532,5	
-105	Voitto Virtanen	1999	Finland	635,0	
	Håkon Berge Berntsen	1999	Norway	625,0	
	Viktor Stey	2001	Norway	622,5	
	Eggert Gunnarsson	1999	Iceland	557,5	
	Peter Isager Jensen-Smidt	2002	Denmark	482,5	
-120	Steven Ömerstedt	1999	Sweden	792,5	
	Anton Wasser	2000	Sweden	780,0	
	Daniel Holmstedt	1999	Finland	720,0	
	Joar Finsaas	1999	Norway	650,0	
	Gabriel Omar Hafsteinsson	2000	Iceland	625,0	
	Fredrik Hoff Saltvik	2002	Norway	605,0	
+120	Nuutti Mansukoski	2000	Finland	861,0	
	Simon Böttcher	1999	Sweden	780,0	
	Aku Heinonen	1998	Finland	760,0	

Classic Bench Press

Sub-Junior Women

Class	Name	YOB	Nation	BP
-57	Juuli Kostian	2006	Finland	75,0
-63	Alexandrea Gudnyjadottir	1999	Iceland	92,5
	Minka Poikselkä	2004	Finland	72,5
	Astrid Edvardsson	2003	Sweden	72,5
	Sara-Sofia Väliiviita	2005	Finland	65,0

-69	Emmi Järvenpää	2003	Finland	60,0
-----	----------------	------	---------	------

Junior Women

Class	Name	YOB	Nation	BP
-52	Julia Starck	1998	Sweden	80,0
-76	Emmeth Törrönen	1998	Finland	130,0

Sub-Junior Men

Class	Name	YOB	Nation	BP
-66	Anders Nygård	2004	Finland	122,5
-83	Lucas Knuts	2003	Finland	150,5
-93	Viktor Sundelin	2003	Sweden	140,0
	Herman Lied Meyer	?	Norway	132,5
-105	Hermann Järvenpää	2003	Finland	181,0

Junior Men

Class	Name	YOB	Nation	BP
-66	Martin Nguyen	2001	Sweden	130,0
-83	Jonathan Henningsson	2001	Sweden	175,0
	Jacob Lind Riis Nielsen	2000	Denmark	172,5
	Topias Huhtamäki	1998	Finland	170,0
	Axel Samuelsson	2000	Sweden	167,5
	Einar Naveen Moen	2002	Norway	150,0
	Magnus Eide Knutsen	?	Norway	147,5
-105	Oskar Lindmark Sahlgren	2000	Sweden	190,0
	Lukas Lindgren	2002	Sweden	180,0
	Håkon Berge Bertsen	?	Norway	160,0
-120	Steven Ömerstedt	1999	Sweden	215,0
	Niku Ketola	1998	Finland	182,5
+120	Nuutti Mansukoski	2000	Finland	200,5

Equipped Powerlifting Sub-Junior Women

Class	Name	YOB	Nation	Total
-69	Enni Lauttanen	2003	Finland	282,5
-84	Siiri Tossavainen	2004	Finland	321,0

Junior Women

Class	Name	YOB	Nation	Total
-57	Sofia Rähkä	2001	Finland	395,0
-69	Yasmina Havnen	2003	Norway	410,0

Junior Men

Class	Name	YOB	Nation	Total
-66	Daniel Andersen Nielsen	2001	Norway	507,5
-74	Teodor Erikson	1999	Sweden	585,0
-83	Benjamin Falgreen Andersen	2001	Denmark	657,5
	Simon Björndahl	1999	Sweden	642,5
-93	Kasper Hoiland Andersen	2000	Norway	682,5
	David Warnqist	2002	Sweden	650,0
-105	Martin Bach Thomsen	2002	Denmark	735,0
-120	Lasse Justesen	2000	Denmark	720,0

Equipped Bench Press

Sub-Junior Women

Class	Name	YOB	Nation	BP
-63	Minka Poikselkä	2004	Finland	80,0
-69	Emmi Järvenpää	2003	Finland	85,0

Junior Women

Class	Name	YOB	Nation	BP
-57	Maxine Olsson	1999	Sweden	90,0

-63	Linnea Forslund	2002	Sweden	100,0
-76	Nora Kristin Larsen	2001	Norway	140,0
	Maren Marie Bielefeldt	1999	Denmark	130,0

Sub-Junior

Men

Class	Name	YOB	Nation	BP
-105			Finland	225,0
	Hermann Järvenpää	2003		

Junior Men

Class	Name	YOB	Nation	BP
-74	Teodor Eriksson	1999	Sweden	165,0
	Arvid Sandström	2000	Sweden	165,0
-83	Vetle Skundberg	2000	Norway	162,5
	Simon Björndahl	1999	Sweden	150,0
-93	Dadid Warnquist	2002	Sweden	200,0